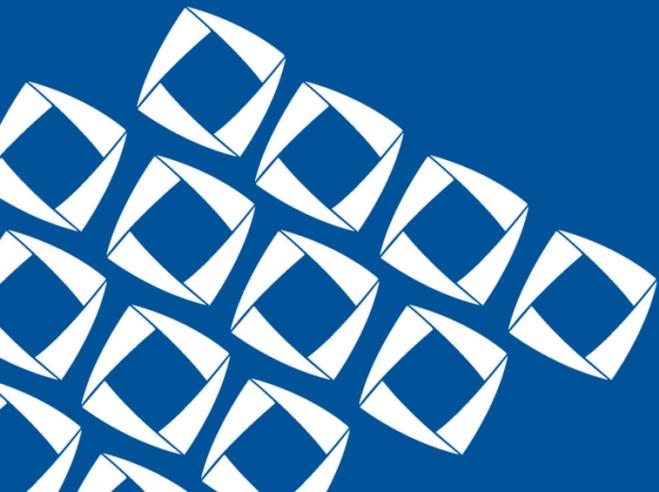


# FIND YOUR “WHY” THE LEADER WITHIN

Created By:  
Washington DECA’s Team Innovate



# AGENDA

- Icebreaker!
- **Six Word Story:** Understand your leadership journey so far
- **Peace Index:** Find balance within your life
- **Bliss List:** What makes you happy?
- **Wins and Losses:** Develop a healthy team environment

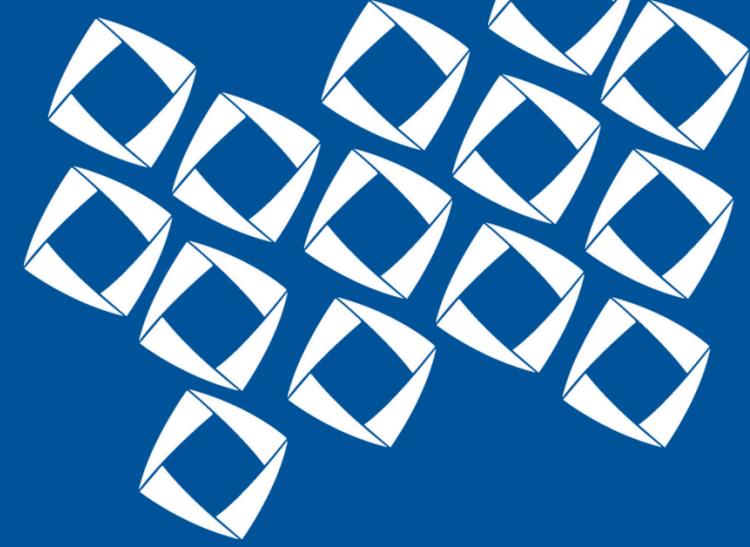


# ICEBREAKER

“LEADERSHIP IS ABOUT MAKING OTHERS BETTER AS A RESULT OF YOUR PRESENCE AND MAKING SURE THAT IMPACT LASTS IN YOUR ABSENCE”

—Sheryl Sandberg, Former COO of Facebook

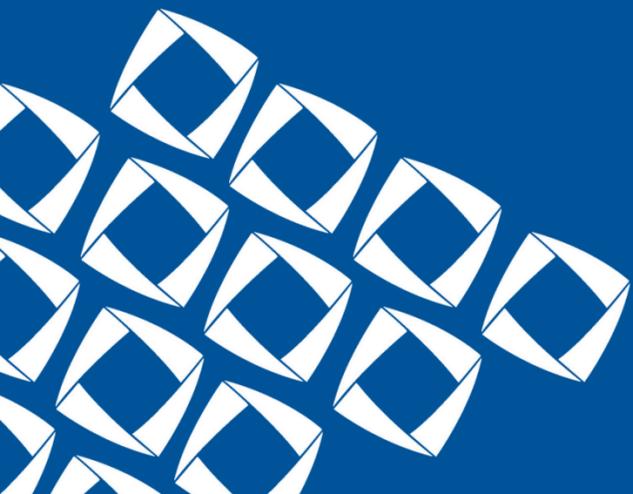
What do you think this quote means? Do you agree or disagree with this quote?



# 6-WORD STORY

Activity Created By:

2020 - 2021 Western Region Vice President Mattie Bradford



# 6-WORD STORY

Write a 6-word story that illustrates your leadership journey.

## Examples:

- My life matters. Want to hear?
- My life is extraordinary, not ordinary
- Studied hard and moved the tassel.
- Leadership isn't easy but I try.

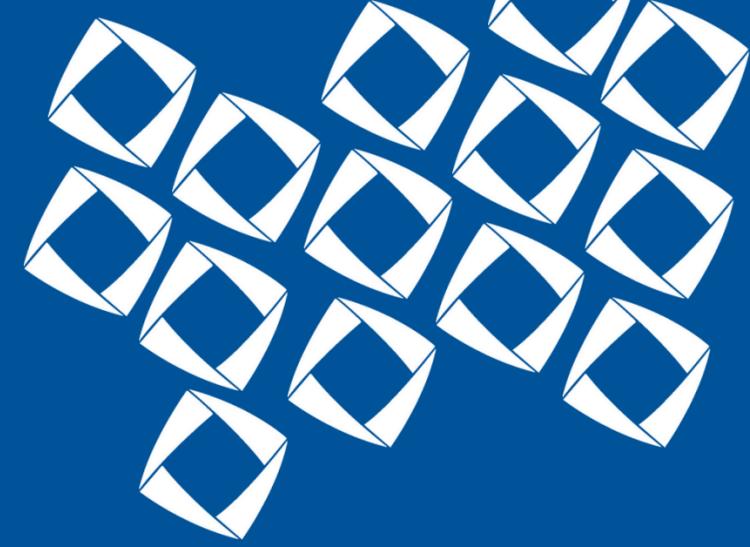
# LET'S SHARE!

- Each person will get the chance to share their story
- If you do not want to share, pass your turn

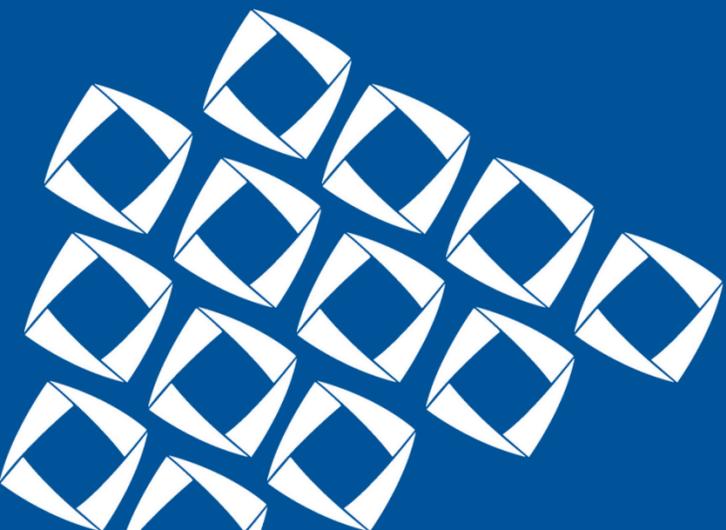
# LET'S SHARE!

- Each person will get the chance to share their story
- If you do not want to share, pass your turn

Thank you all for participating! Through our different leadership paths, it is clear that we have developed many valuable perspectives and skills.



# PEACE INDEX



# PEACE INDEX

Do you have what you need to live the life you want to live?

## Purpose:

Your calling, what you're designed to do, what you are good at

## People:

Those in your life that you live with, work with, family members, friends, etc.

## Place:

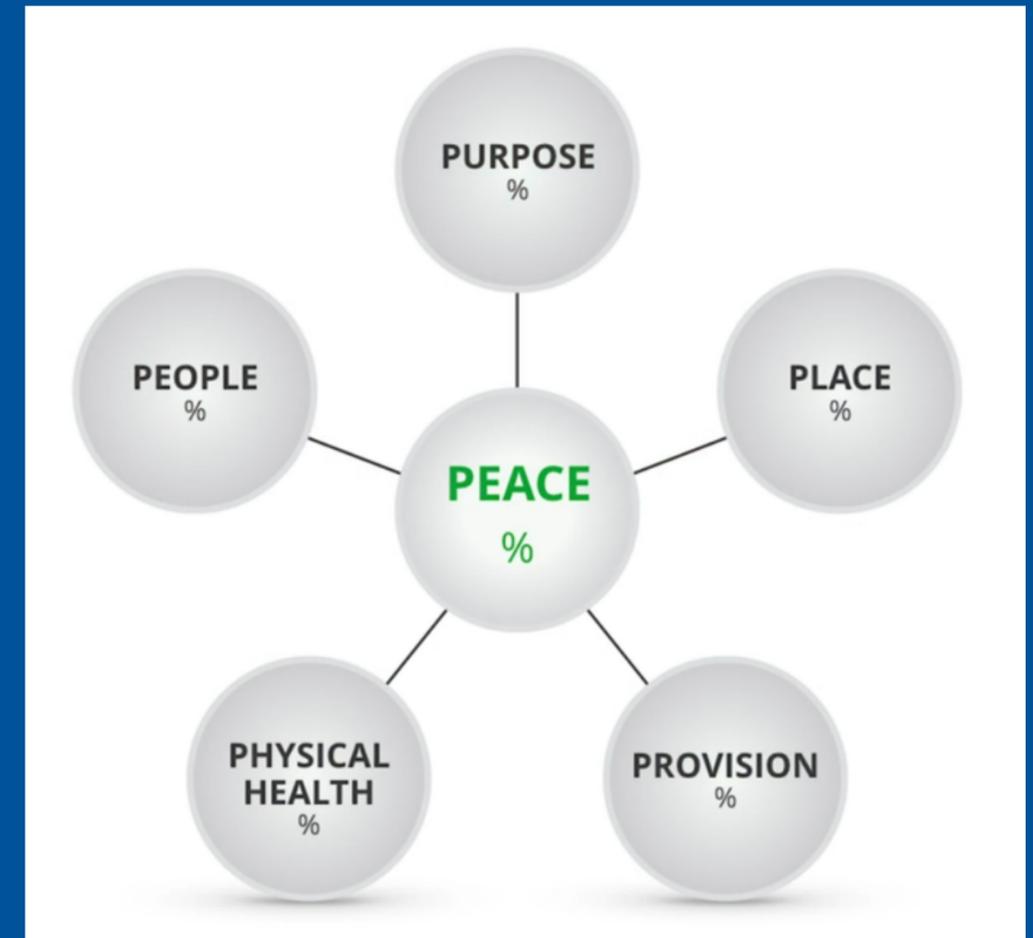
Place you live, house, city, office, state, country, etc.

## Physical Health:

How you feel about your health, where you are mentally

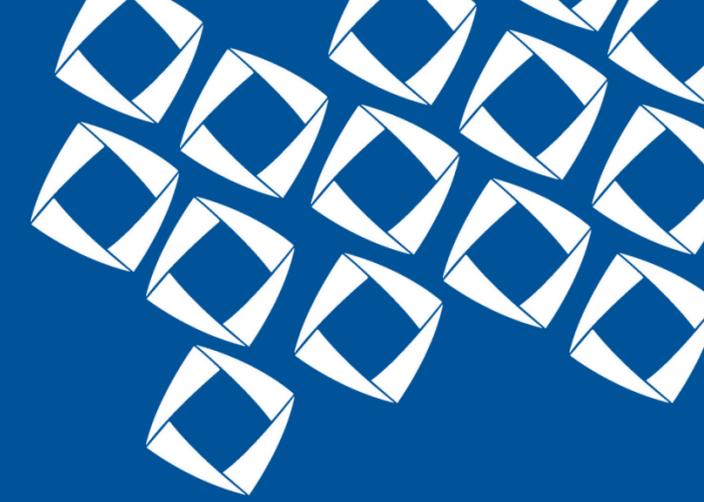
## Provision:

Earnings you make from your job, your family dynamics, what you are getting out of your life



# PEACE INDEX

Good = Higher number  
Low = Lower number

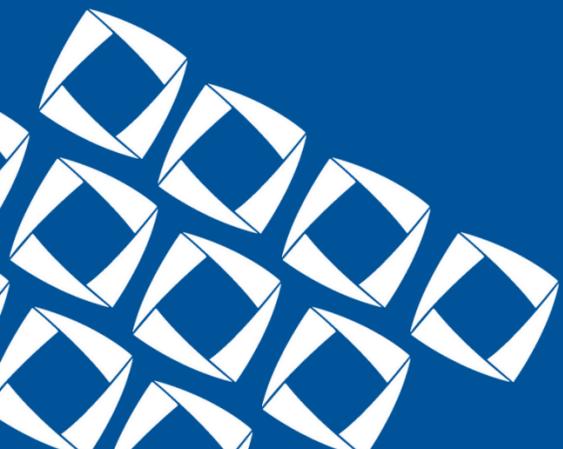


- Number each category for yourself from 1-100
- Pick one category you are the MOST and LEAST confident with
- Add all five numbers up, then divide by five

## Example:

**Purpose:** 70   **People:** 60   **Place:** 60   **Physical Health:** 85   **Provision:** 90

= Peace Index: 73

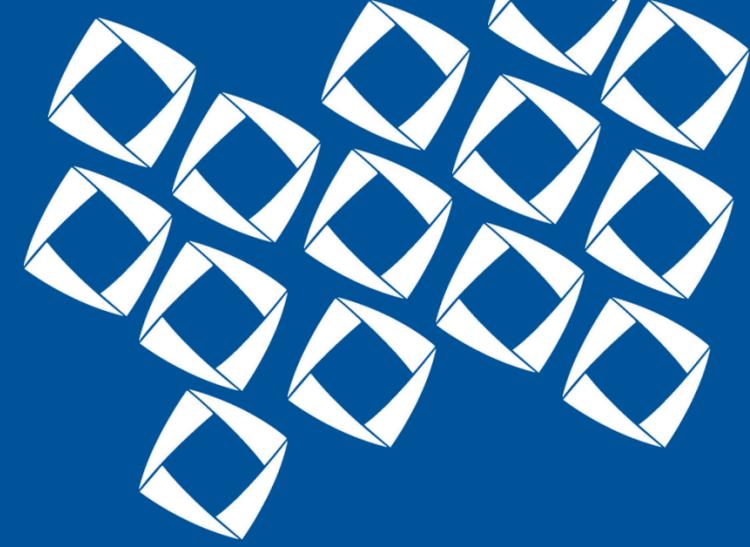


# PEACE INDEX

Good = Higher number  
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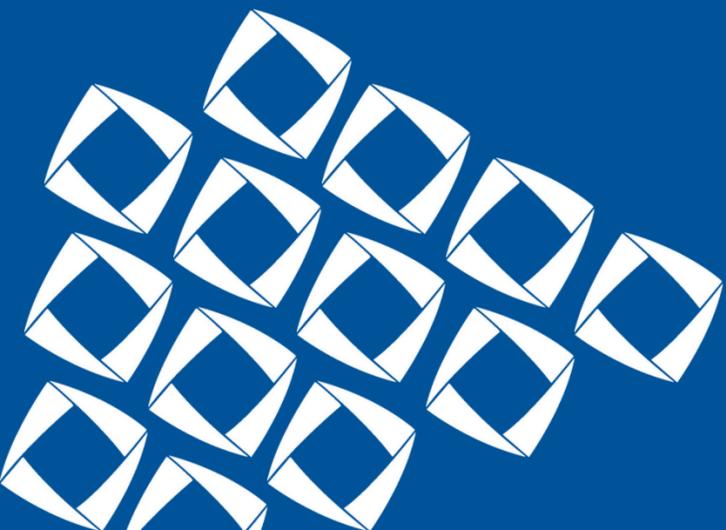
- Number each category for yourself from 1-100
- Pick one category you are the MOST and LEAST confident with
- Add all five numbers up, then divide by five

Share any insights you have about your Peace Index! It does NOT need to be your specific score, but can be any thoughts about your results!

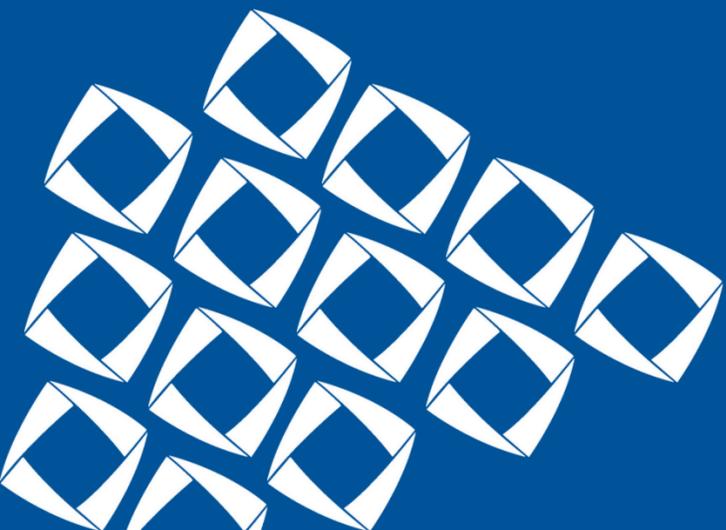
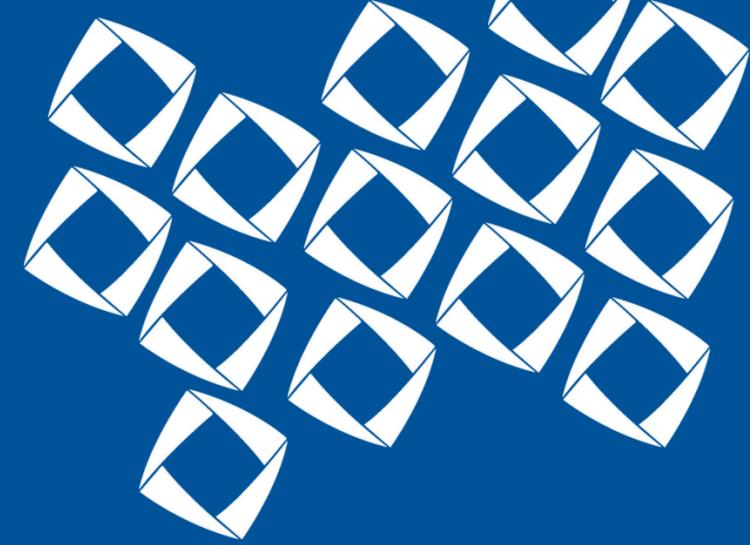


# BREAK TIME

Come back in 5 minutes!

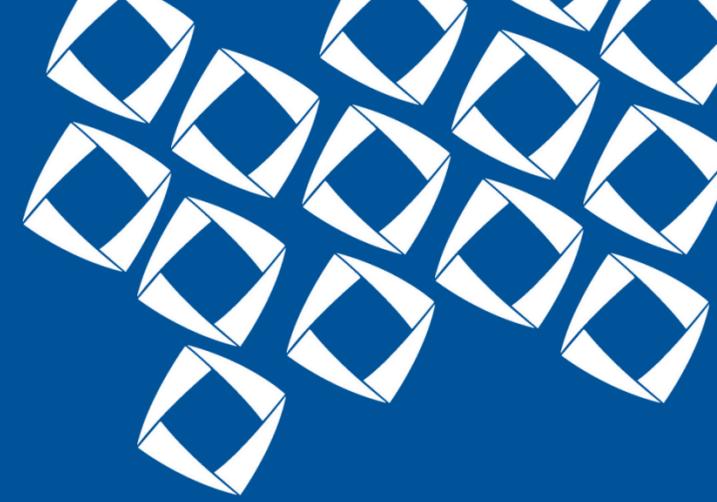


**NOTHING  
GREAT EVER  
HAPPENED  
WITHOUT  
ENTHUSIASM**



# BLISS LIST

# BLISS LIST



What's a bliss list?

A bliss list is a list of activities that you enjoy doing and things that you like to have around.

Why is it important to know what's on my bliss list?

As leaders, we always strive to give 100% to our members and our association, but sometimes we need a break. Having a bliss list gives you something to refer back to, to ensure that you are 100% healthy as a leader.



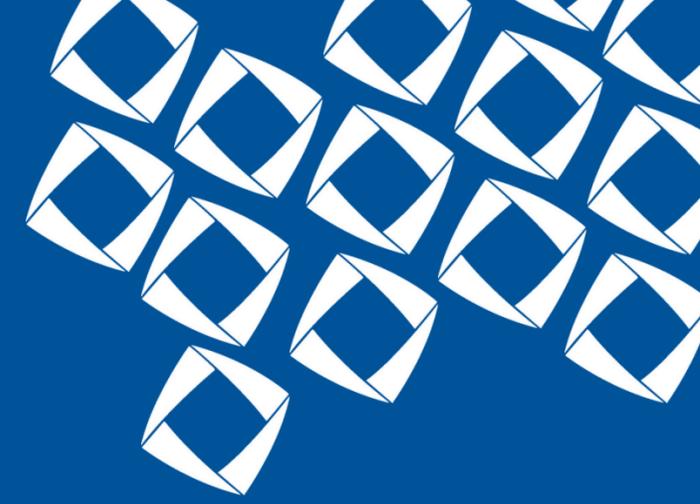
# BLISS LIST

Examples of a bliss list:

- Grilled Cheese Sandwiches
- Peanut Butter
- Cooking
- Boba
- Going to the Beach
- Chocolate Milk
- Hiking
- Sunshine

Write down a list of at least 6 things on YOUR bliss list

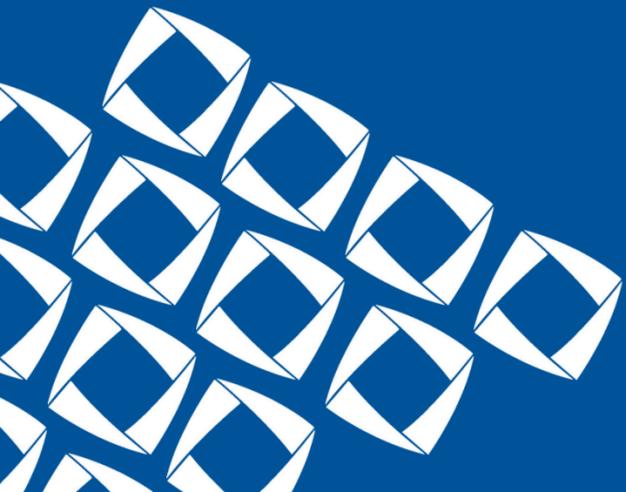
# BLISS LIST

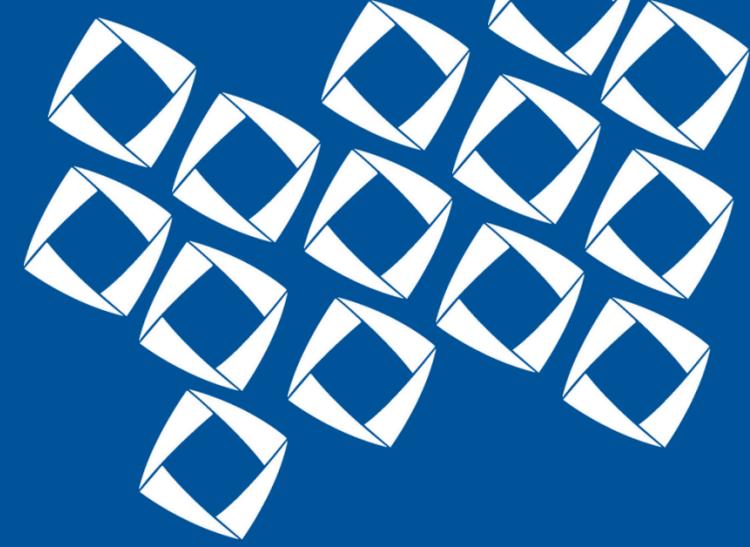


## Share Out!

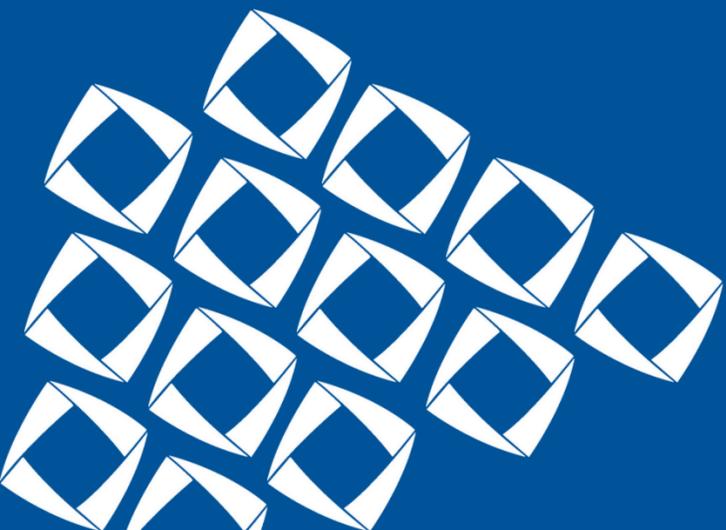
What makes you happy?

How do YOU stay healthy as a leader?

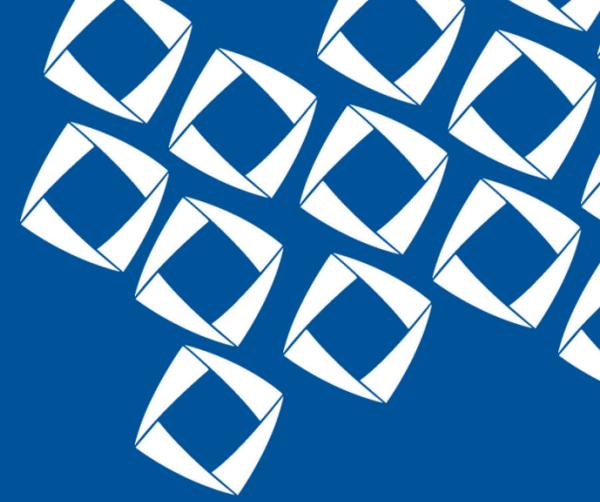




# WINS AND LOSSES



# WINS AND LOSSES



## What's a win with me?

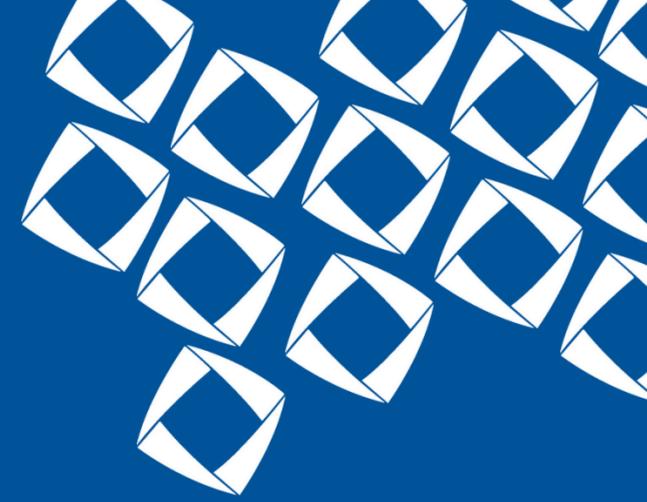
A win is an action that your teammate can take to work with you better and tailor to your personal leadership style.

## What's a loss?

A loss is an action that one of your teammates does that causes you to lose respect for them, makes it hard to work with them, or is a turn off in creating a positive team atmosphere.



# WINS AND LOSSES



## Examples:

### Wins:

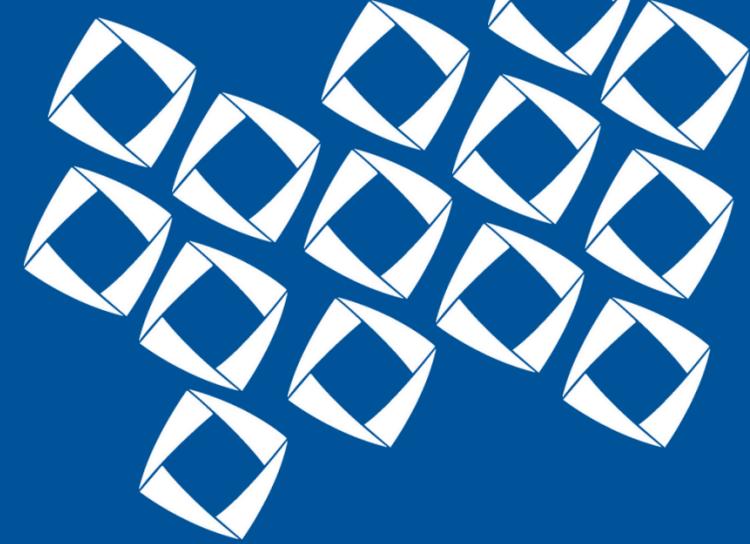
- Be dependable with actions
- Giving 100% effort when working on projects
- Be straightforward with me
- Be understanding
- Try to bring humor to our work

### Losses:

- Lack of essential communication
- Taking advantage of others kindness and personality
- Gossiping

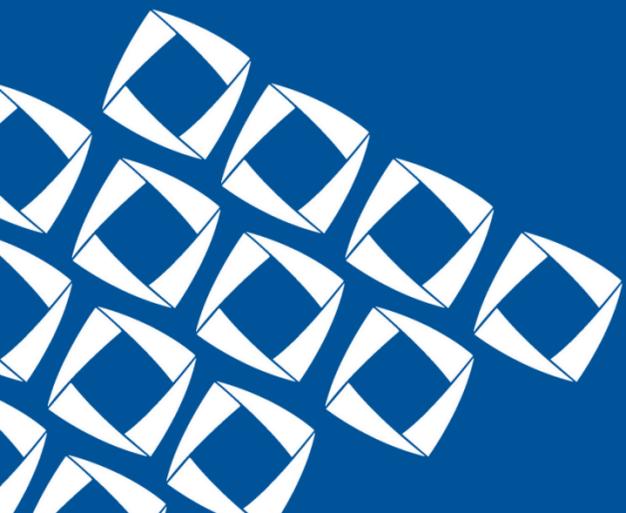


# WINS AND LOSSES

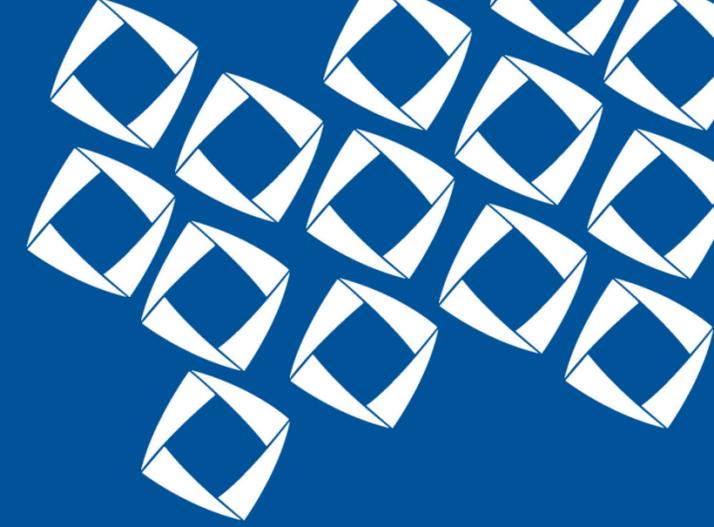


What are some wins and losses for you when working in a team environment?

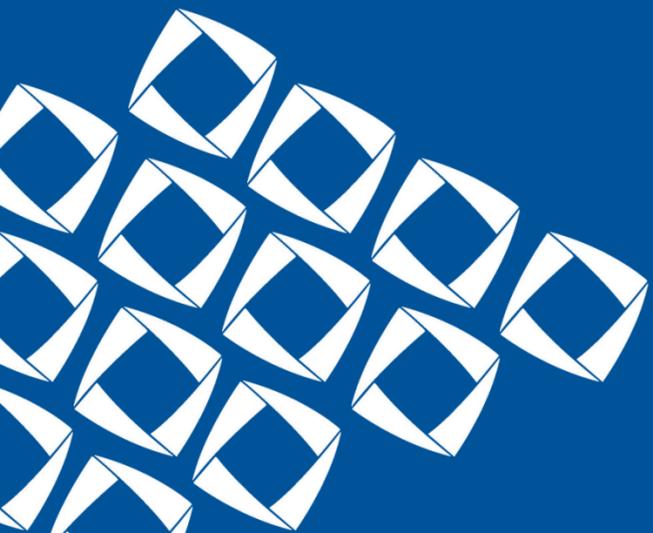
Come up with your own list of 3 wins and 3 losses.  
Write these down and share!



# WINS AND LOSSES



Based on our wins and losses, let's develop a list of team values to encourage wins and discourage losses!



# THANK YOU FOR COMING!

- What is ONE thing you took away from these activities?
- Which activity did you like best? Which did you like least?
- How are you going to use what you've learned to be a better leader?